

## Heavy Cushions

Bubble wrap roll,  
bath mat, backpack, bike  
shorts, vest body  
trained in dance  
and yoga

16 minutes

2019

By contrasting the  
movement potential  
of these objects  
with their  
ordinary use, the  
piece meditates on  
themes of home,  
shelter, and fit.





Quench

5 minute excerpts:

<https://youtu.be/taCXbCac0WU>

15 minute performance

New York Live Arts

2019







Candylicious:  
reflections on  
femininity, dulce niña

Balloon, calamine  
lotion, pepto bismol,  
pink gaffe tape,  
sleeping beauty  
cutout, dry shampoo  
foam, hair rollers,  
exfoliating strip,  
white socks, body  
trained in yoga and  
dance

16 minutes

Performance

2020



¿comfortidades' 錢意識?

Blankets, stools, web cameras, laptop computer, cupping set, body trained in yoga and contemporary dance, living room, Zoom

40 minutes

Installation

2020

The experience will be based on three presentations of self care rituals: cleaning, getting a massage and being swaddled in a blanket. The ways the body engages with the rituals restrict the agency of the body with each additional presentation. The performer begins with the meticulous cleaning of a blanket with just a lint roller. After the meditative zen garden-like lint rolling, the performer begins a hands-on cupping massage workshop that looks at the body as an object to be manipulated. Audience members can partake without having a cupping set or just watch. Finally, the experience ends with a performance between the performer and blankets in the room. Besides the examination of compliance and comfort, there are multiple cameras placed about in the room, reflecting about the posturing about excess, justified as self-care in a world where perpetuating injustice thrives on having comfort/commodities being used as a currency of success.





/死角/ esquinas mías//Closed for Business

Installation

Tennis shoes, jeans, shorts, body that practices yoga and dance, driveway, webcameras, Zoom, concrete road, pavement, public areas of Oakland

35 minutes

Full documentation:

<https://youtu.be/eT7O8HEEBr0>

This live performance made outside my apartment during the first year of the pandemic is a contemplation on the use of technology and social media in documenting the ways to add meaning to mundane day to day living in a new neighborhood.

2021





Washing+精靈: use water to soothe my rage (triptych)

Inkjet ink, photo paper, ash, paper mache, tape

41 x 19 x 1 inches

Photograph of a multimedia work Washing+精靈 (Photograph and Performance)

2021-2022





Foot helmet protect/serves

Ceramic clay, calamine lotion, epoxy putty, plastic air purifier, electrical socket

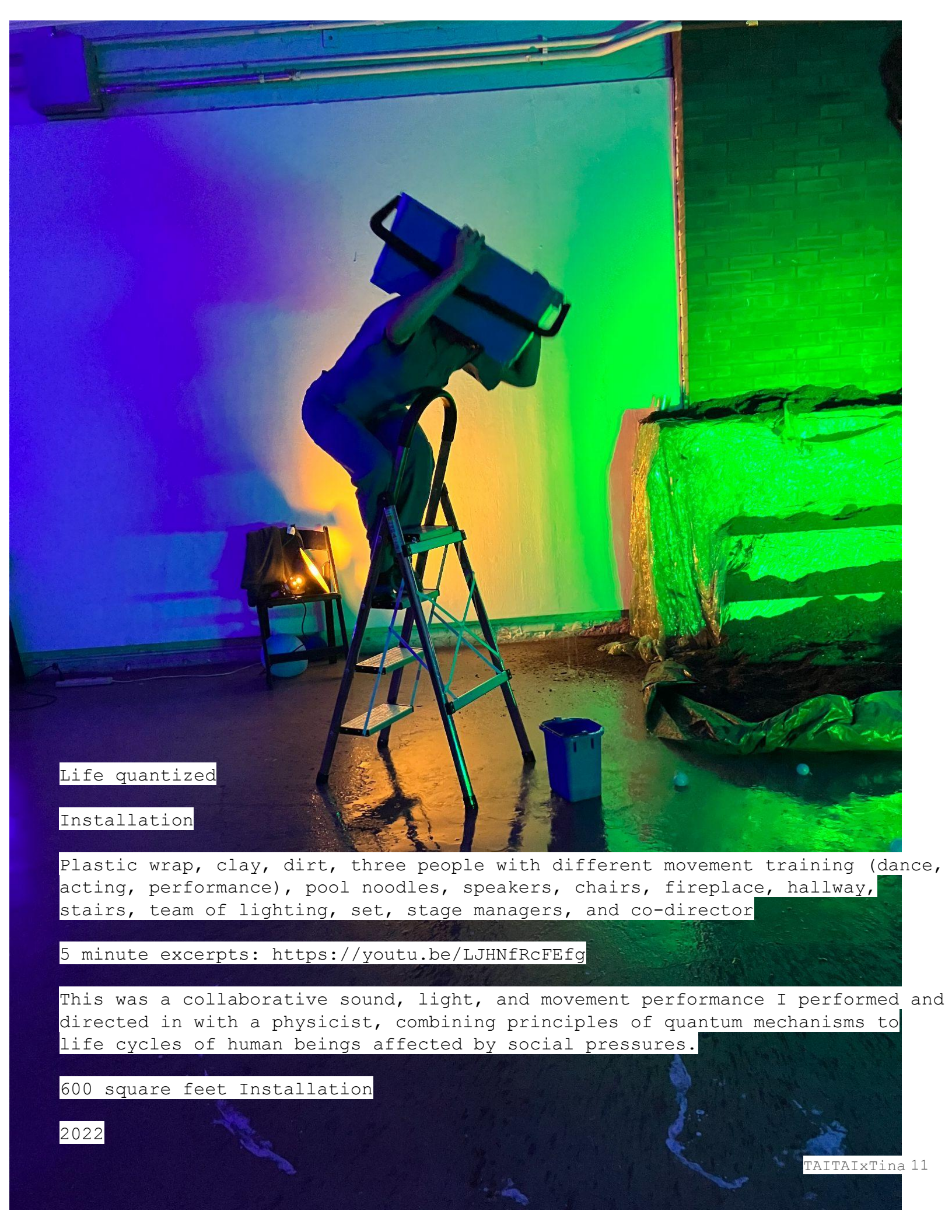
32 x 25 x 20.5 inches

Sculpture of a multimedia work Foot helmet (Sculpture, Video, Photograph)

2022

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Life quantized

Installation

Plastic wrap, clay, dirt, three people with different movement training (dance, acting, performance), pool noodles, speakers, chairs, fireplace, hallway, stairs, team of lighting, set, stage managers, and co-director

5 minute excerpts: <https://youtu.be/LJHNfRcFEfg>

This was a collaborative sound, light, and movement performance I performed and directed in with a physicist, combining principles of quantum mechanisms to life cycles of human beings affected by social pressures.

600 square feet Installation

2022





A hard baby: exhausted from protecting oneself

Tracing paper, ceramics, ace bandage, wrap, gelatin, sugar, water

74 x 18 x 11 inches

Sculpture of multimedia work A hard baby (Installation, Video, Performance, Photograph)





Mold resiliency:  
duel

Dimensions  
varied

Installation of  
a multimedia  
work Mold  
resiliency  
(performance,  
installation,  
and photograph)

2023





A still life of (swim/survival/sink/soft) TANKING

Hahnemuhle paper, bubble wrap, spray bottle, window, Windex, plastic tape, Swiffer wipes, dust

Dimensions varied (photograph 109 x 16 inches)

Installation of a multimedia work (swim/survival/sink/soft) TANKING  
(installation, performance)

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2023



Entertainment central: arm

RC photographic paper, gelatin silver  
print, 35mm film

8 x 10 inches

Photograph

2022





Mono no aware: the train station with plants

Drawing paper, wine, baking soda, printer ink, wooden frame, light source

23 x 21 x 7.25 inches

Sculpture

2023

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I've been waiting for flamingo yoga.

[Tina] They're my inspiration.

How to domesticate Tina

8 minute 16 second Video

Full:

<https://youtu.be/oNexAyolCCA>

2023





Dinosaur and I in (swim/survival/sink/soft) TANKING: Chapter 2

Dinosaur suit, metal crate, weeds, dirt, plastic containers, cart with wheels, yoga blankets, swimming fins, duck shoes, plastic wrap, claw machine, megaphone, plastic cones, water, saran wrap, flood lights, windows, courtyard concrete, umbrella, electric plug, body trained in Iyengar yoga and contemporary dance

Dimensions varied

Eight hour  
installation with performance activations

7 minutes

Full documentation: <https://youtu.be/bLOMhFlAzew>

(photo and video documentation by Tianjiao Wang)

2023





Dinosaur and I in (swim/survival/sink/soft) TANKING: Chapter 3

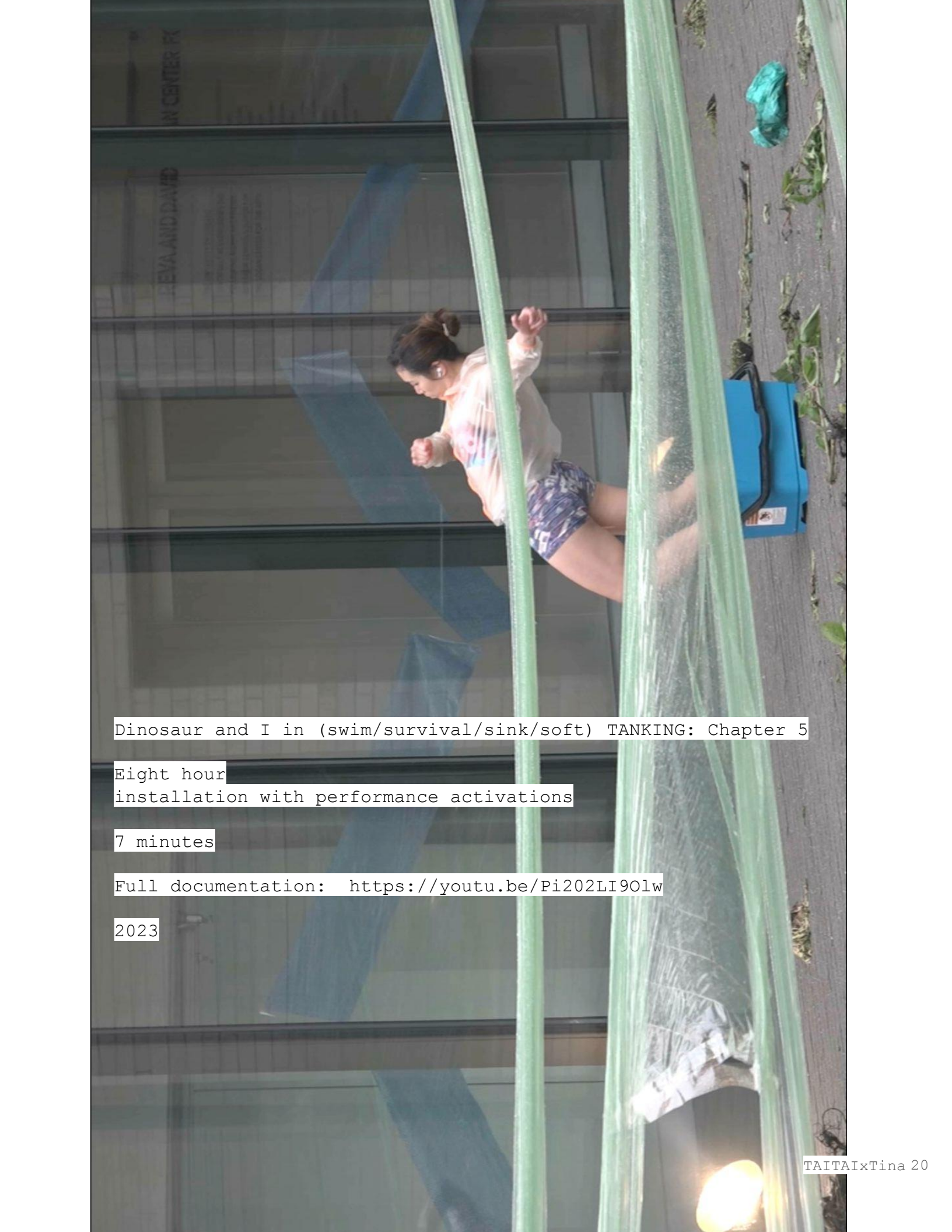
Eight hour  
installation with performance activations

5 minutes

Full documentation: <https://youtu.be/b03Q9DVrMvI>

2023





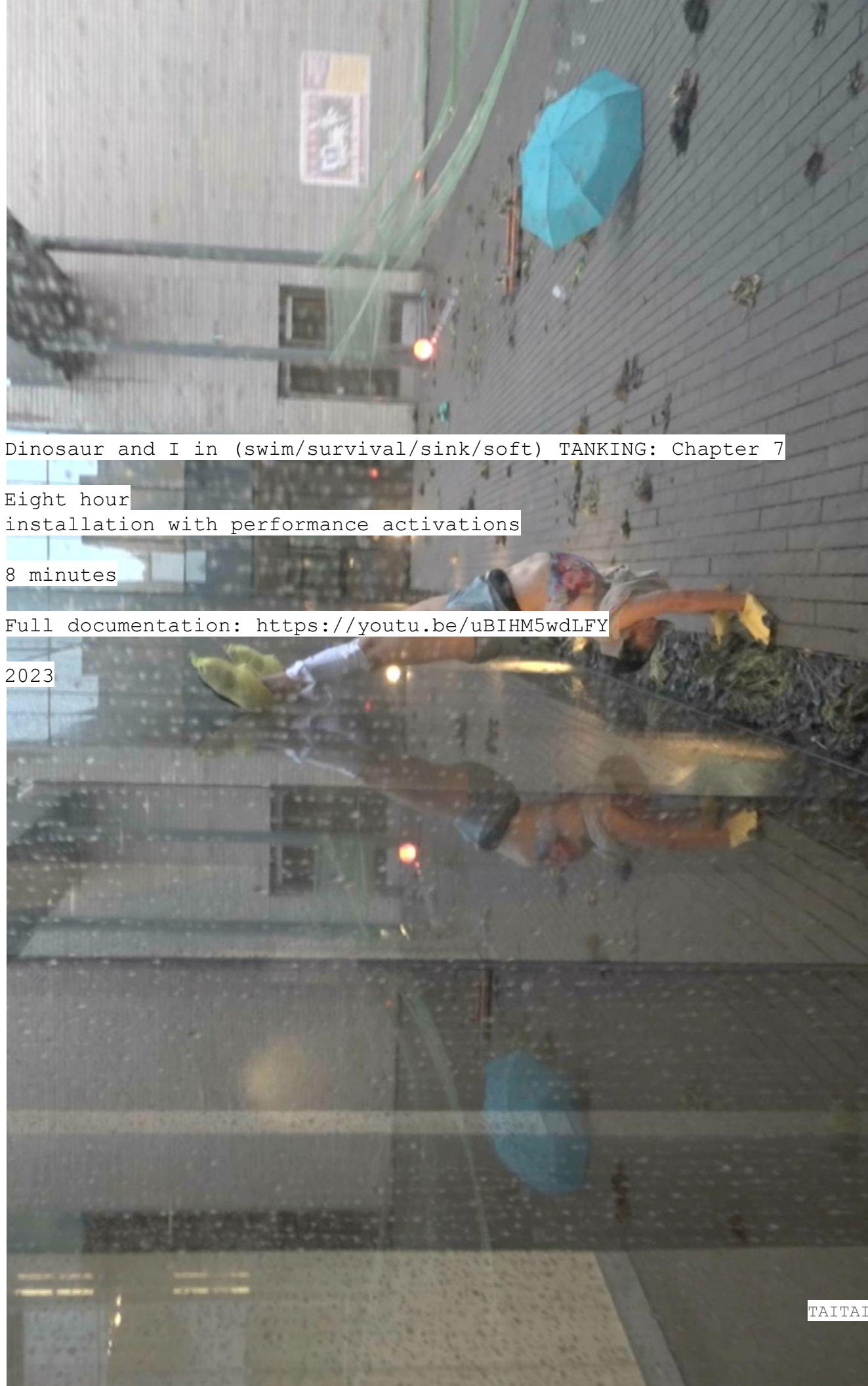
Dinosaur and I in (swim/survival/sink/soft) TANKING: Chapter 5

Eight hour  
installation with performance activations

7 minutes

Full documentation: <https://youtu.be/Pi202LI90lw>

2023



Dinosaur and I in (swim/survival/sink/soft) TANKING: Chapter 7

Eight hour  
installation with performance activations

8 minutes

Full documentation: <https://youtu.be/uBIHM5wdLFY>

2023



Dinosaur and I in (swim/survival/sink/soft) TANKING: Chapter 8

Eight hour  
installation with performance activations

10 minutes

Full documentation: <https://youtu.be/BrSvTMoM3ZM>

2023





Her toes do not speak Spanish.

Flooding Virgen

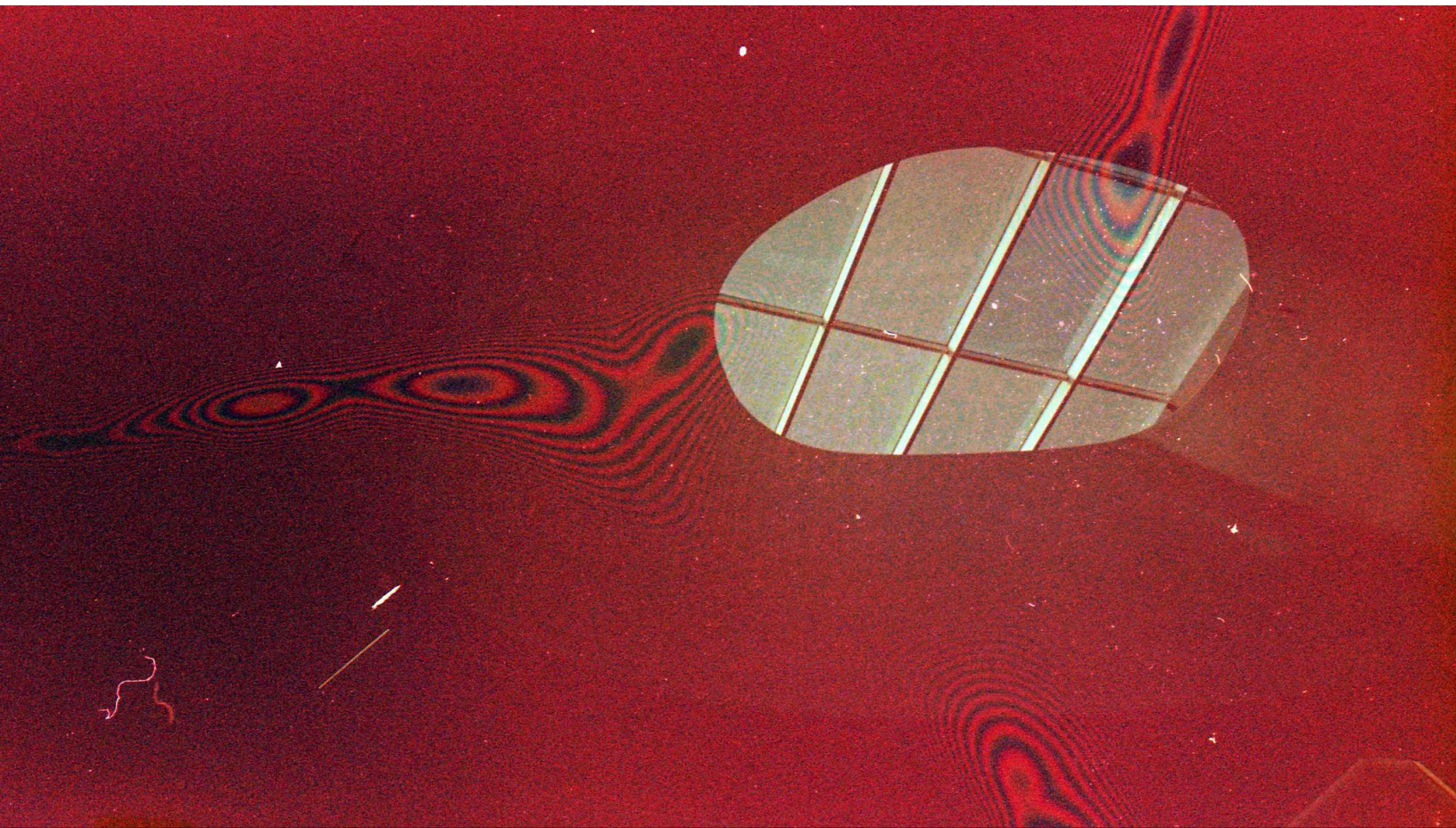
Video

5 minute 25 seconds

[https://www.dropbox.com/scl/fi/lz9dacza3q0rk\\_d92km0ow/Flooding-virgen\\_2024.mp4?rlkey=9gr1et2si01tu21kycrahf4lc&st=vflqeg4r&dl=0](https://www.dropbox.com/scl/fi/lz9dacza3q0rk_d92km0ow/Flooding-virgen_2024.mp4?rlkey=9gr1et2si01tu21kycrahf4lc&st=vflqeg4r&dl=0)

2024





Wishing

APS film

10 x 8 inches

Photograph

2023





Sweat to melt my heart

Metal cart, plastic wheels, aquarium tubing, plastic suits, ice, Tom Ford gold oil, drip pan, body trained in powerlifting, yoga, and contemporary dance

(photo documentation by the Graham Foundation)

12 minutes

Installation with performative activation

2024





a cooking machine to melt your heart

Metal cart, aluminum wrap, sunscreen, plastic suits, ice, aquarium tubing  
drip pan, body trained in powerlifting, yoga, and contemporary dance

(photo documentation by Sara Stadtmiller)

2 minute excerpt: <https://vimeo.com/985838687>

Installation with performative activation

2024

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Prequel to the video How to Domesticate Tina (2023)

Car, plastic heels, mouth wash, metal knife, wooden knife holder, plastic squatty potty, plastic tape, epsom salt, green tea lotion, grass, lawn with concrete path, body trained in powerlifting, yoga, and contemporary dance

(photo documentation by Natasha Moustache)

Installation with performative activation

2024





Where are the  
concubines?

Lavender scented paraffin wax, peach scented paraffin wax, outlet,  
hairdryer microwave, heels, polyurethane foam, pyrex  
container, plastic costume pieces for matriarch, princess, and maid,  
body trained in powerlifting, yoga, and contemporary dance

(photo documentation by McCall McClellan)

Installation (with performative activations)

2024

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Where are the  
concubines?

Lavender scented paraffin wax, peach scented paraffin wax, outlet, hairdryer  
microwave, heels, polyurethane foam, pyrex container, plastic costume pieces  
for matriarch, princess, and maid, body trained in powerlifting, yoga, and  
contemporary dance

(photo documentation by Michelle Reid)

Installation (with performative activations)

2024

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Untitled installation (slippery waxy feels)

Lavender scented paraffin wax, peach scented paraffin wax,  
outlet, yoga mats, heat lamps, plastic vinyl, canopy tent,  
backyard space, body trained in powerlifting, yoga, and  
contemporary dance

(photo documentation by X. A. Li)

Installation (with performative activations)

2025

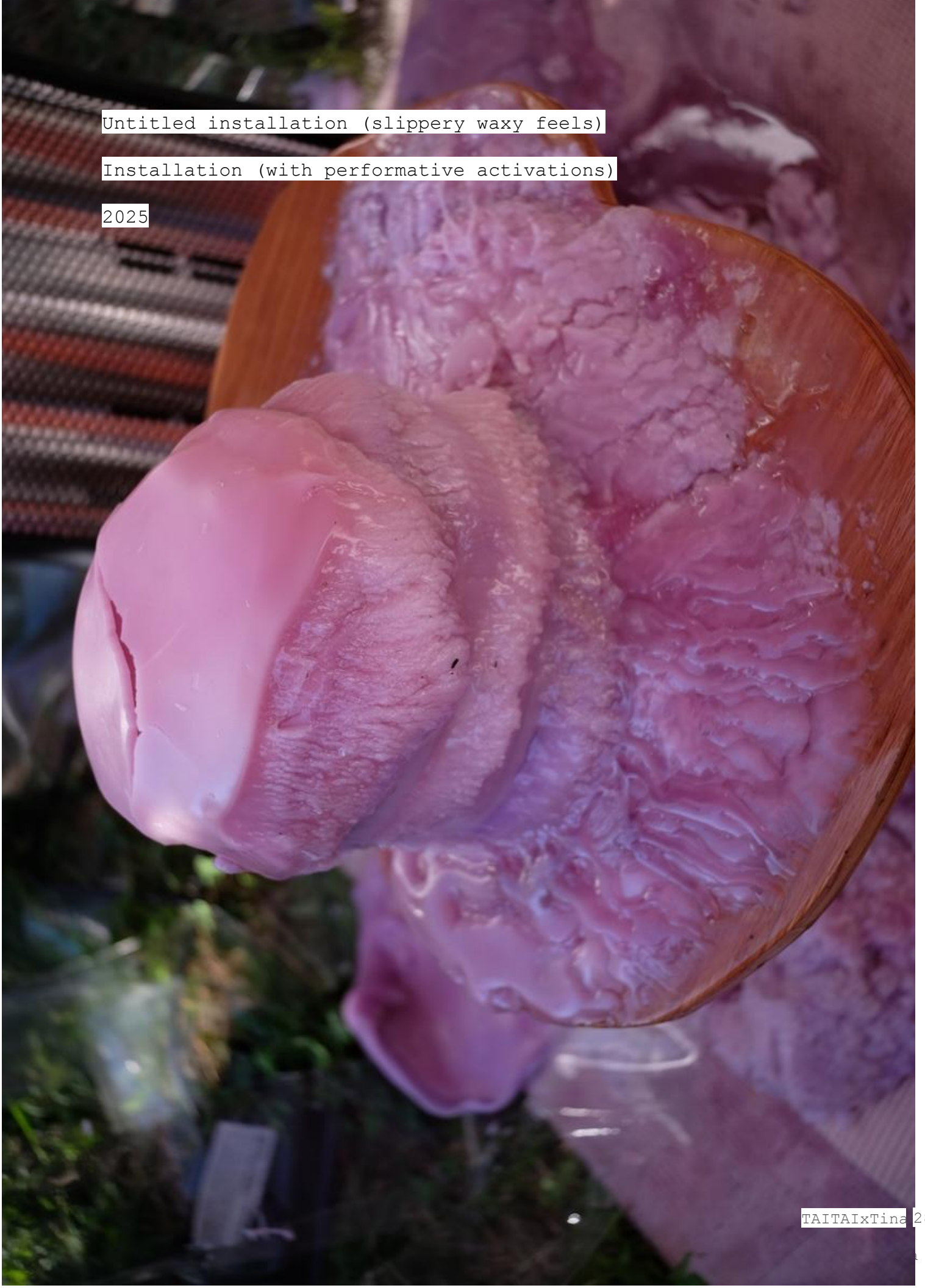
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Untitled installation (slippery waxy feels)

Installation (with performative activations)

2025

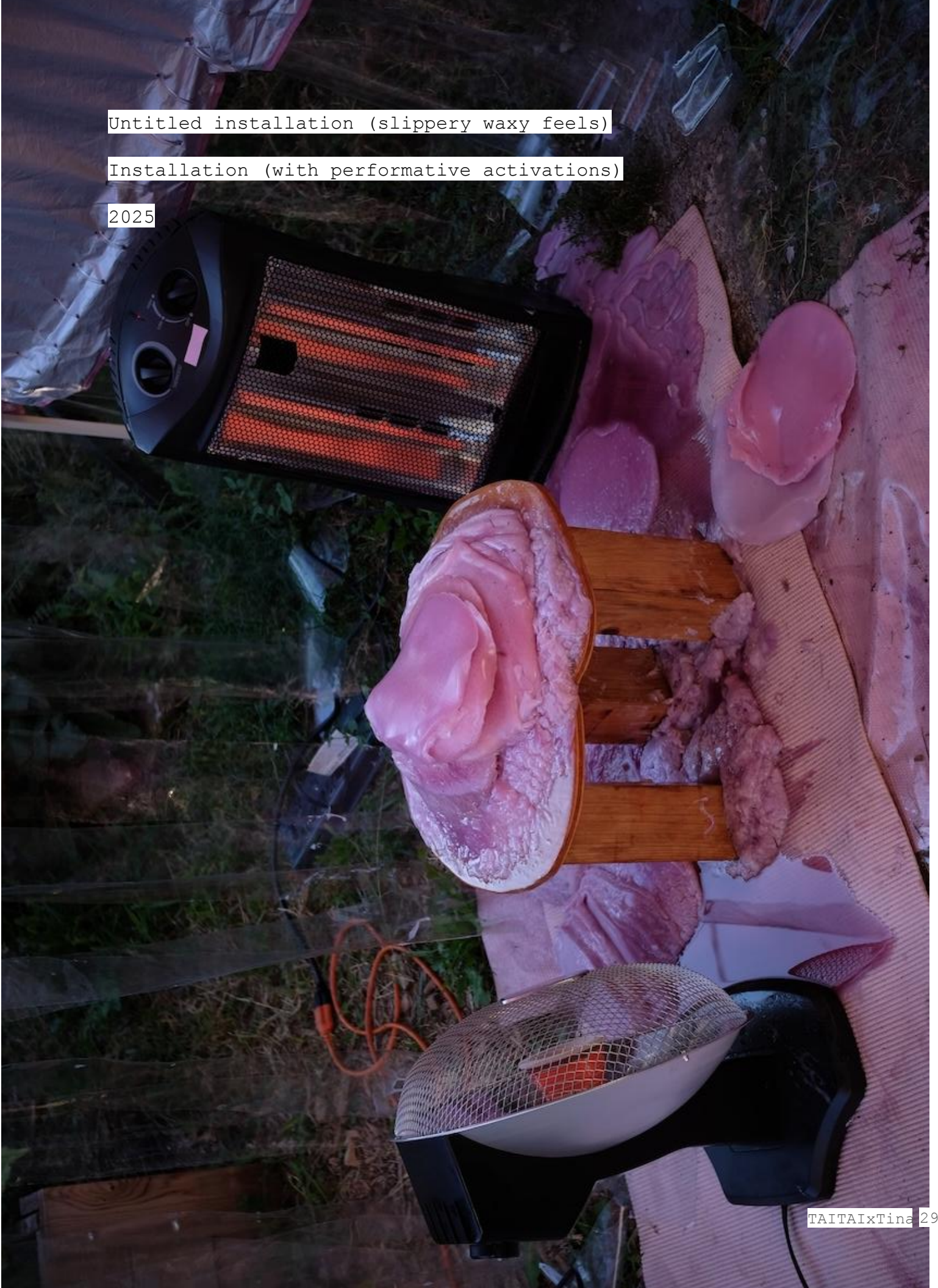




Untitled installation (slippery waxy feels)

Installation (with performative activations)

2025







ERROR Ratio (2025)

15 minute performance with Diana Garza Islas

Metal cart, cotton shirt, fabricated dress, emergency blanket, fabric, projected video, two human bodies, melted and solidified hard wax





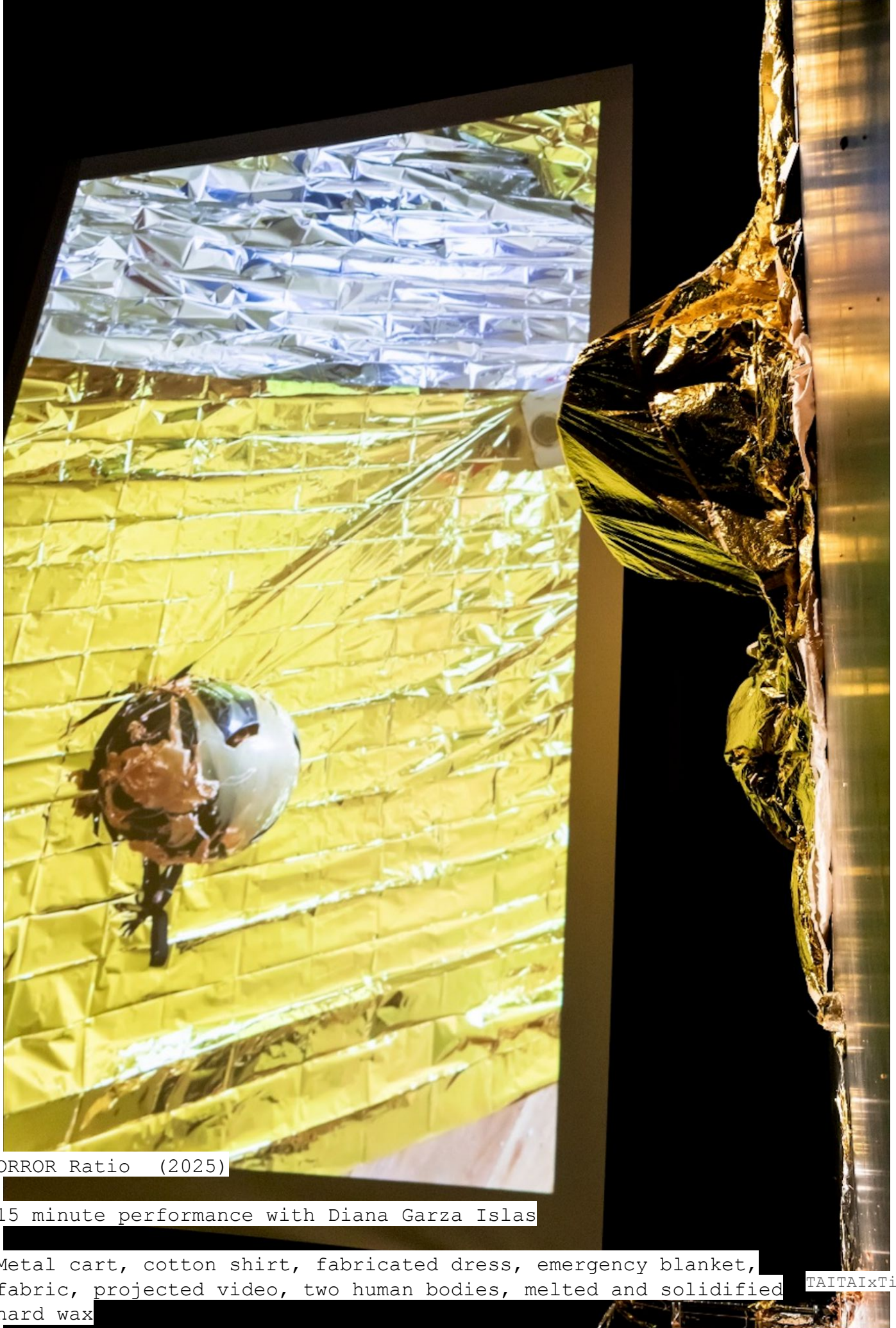
ERROR Ratio (2025)

15 minute performance with Diana Garza Islas

Metal cart, cotton shirt, fabricated dress, emergency blanket, fabric, projected video, two human bodies, melted and solidified hard wax

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ERROR Ratio (2025)

15 minute performance with Diana Garza Islas

Metal cart, cotton shirt, fabricated dress, emergency blanket, fabric, projected video, two human bodies, melted and solidified hard wax



ORROR Ratio (2025)

15 minute performance with Diana Garza Islas

Metal cart, cotton shirt, fabricated dress, emergency blanket, fabric, projected video, two human bodies, melted and solidified hard wax

